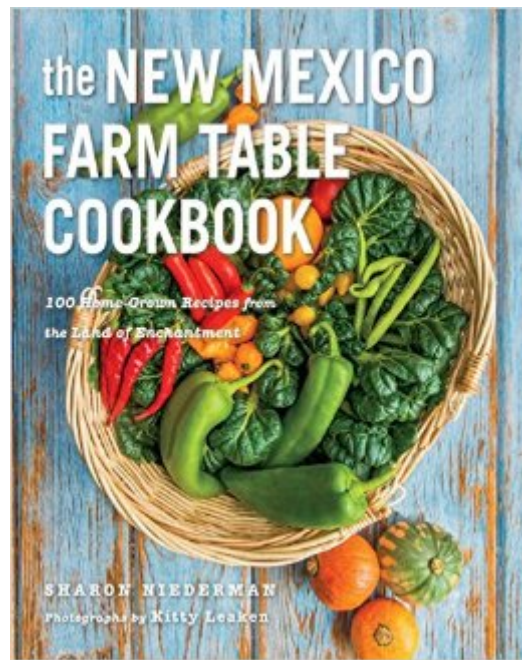


The book was found

The New Mexico Farm Table Cookbook: 100 Homegrown Recipes From The Land Of Enchantment (The Farm Table Cookbook)



Synopsis

If you think New Mexico cooking is all about burritos and enchiladas, you're in for a surprise! Long before eating "farm to table" was de rigueur, New Mexico's small farms and ranches provided its families and communities with homegrown vegetables, fruit, milk, meat, and eggs. The state's traditional cuisine, a mixture of Indian, Spanish, and Mexican flavors, is unique. Now you can learn its secrets and make its signature dishes wherever you call home. Interspersed with recipes for preparing New Mexico's distinctive bounty—its honey, pistachios, lavender, sweet peas, garlic, corn, lamb, beef, buffalo, goat cheese, apples, and pears, as well as its famous chiles—are profiles of its best food producers and purveyors. Learn the foodways of family farms and ranches, mom-and-pop cafes, and spirited restaurants, and meet the people who love preparing and presenting this nourishing and delightful cuisine. The New Mexico Farm Table Cookbook passes on to home cooks everywhere the state's most treasured recipes and techniques and its fresh takes on traditional ingredients; soon you'll be making the best green chile cheeseburgers, sourdough biscuits, chile rellenos, empanadas, mole, and more with readily accessible ingredients and simple, clear directions. Bring some New Mexico enchantment to your kitchen! 100+ color photographs

Book Information

Series: The Farm Table Cookbook

Paperback: 208 pages

Publisher: Countryman Press; 1 edition (May 4, 2015)

Language: English

ISBN-10: 1581572085

ISBN-13: 978-1581572087

Product Dimensions: 8 x 0.6 x 10 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars — See all reviews (1 customer review)

Best Sellers Rank: #365,534 in Books (See Top 100 in Books) #80 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Southwest

Customer Reviews

Excellent photography! Love the recipes, and the few we have tried so far melt in your mouth, delicious!

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